

Sengkang General Hospital

Patient Results

All results performed dates from 02-Dec-2025

Requested By: Chin Yun Ann (Doctor)

02/06/2026 11:49

CARDOZA JACINTA LUCILLE

Sex: F Age: 62y DOB: 15/10/1963

MRN/Visit No: S1624386H / Q225218169A0010

SKH-MC-L7 CLINIC

Visit Status: Primary Provider: Chin Yun Ann

18-May-2026 10:51 Creatinine, serum SKH 317SR5402 Final

Received Date/Time 18/05/2026 1120 Final Updated

Reporting Information Date/Time : 18/05/2026 1153 Final
 Senior Consultant: Dr. Clement Ho
 Laboratory : SKH Pathology 110 Sengkang East Way Singapore 544886

Specimen Comment Final Updated
 Clin Diag/Info(drug therapy): Osteoporosis

Creatinine, serum 74 [45 - 84 umol/L] Final
 Reporting SKH Final Updated
 CKD-EPI eGFR 75 [mL/min/1.73 m2] Final
 eGFR estimation is invalid when serum creatinine is <5 umol/L

18-May-2026 10:51 Alkaline Phosphatase, serum SKH 317SR5402 Final

Alkaline Phosphatase, serum 74 [35 - 104 U/L] Final
 Reporting SKH Final Updated

Received Date/Time 18/05/2026 1120 Final Updated

Specimen Comment Final Updated
 Clin Diag/Info(drug therapy): Osteoporosis

Reporting Information Date/Time : 18/05/2026 1152 Final
 Senior Consultant: Dr. Clement Ho
 Laboratory : SKH Pathology 110 Sengkang East Way Singapore 544886

18-May-2026 10:51 Albumin, serum SKH 317SR5402 Final

Albumin, serum 45 [35 - 50 g/L] Final
 Reporting SKH Final Updated

Received Date/Time 18/05/2026 1120 Final Updated

Specimen Comment Final Updated
 Clin Diag/Info(drug therapy): Osteoporosis

Reporting Information Date/Time : 18/05/2026 1152 Final
 Senior Consultant: Dr. Clement Ho
 Laboratory : SKH Pathology 110 Sengkang East Way Singapore 544886

18-May-2026 10:51 PTH (Intact), serum SKH 317SR5402 Final

PTH (Intact), serum 2.60 [1.60 - 6.90 pmol/L] Final
 Reporting SKH Final Updated

Received Date/Time 18/05/2026 1120 Final Updated

Specimen Comment Final Updated
 Clin Diag/Info(drug therapy): Osteoporosis

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CARDOZA JACINTA LUCILLE

Sex: F Age: 62y DOB: 15/10/1963

MRN/Visit No: S1624386H / Q225218169A0010

SKH-MC-L7 CLINIC

Visit Status:

Primary Provider:

Chin Yun Ann

18-May-2026 10:51 PTH (Intact). serum

SKH 317SR5402

Final

Reporting Information

Date/Time : 18/05/2026 1155

Final

Senior Consultant: Dr. Clement Ho

Laboratory : SKH Pathology 110 Sengkang East

Way Singapore 544886

18-May-2026 10:51 Calcium Total. serum

SKH 317SR5402

Final

Calcium Total, serum

2.40

[2.10 - 2.60 mmol/L]

Final

Reporting

SKH

Final Updated

Received Date/Time

18/05/2026 1120

Final Updated

Specimen Comment

Final Updated

Clin Diag/Info(drug therapy): Osteoporosis

Reporting Information

Date/Time : 18/05/2026 1152

Final

Senior Consultant: Dr. Clement Ho

Laboratory : SKH Pathology 110 Sengkang East

Way Singapore 544886

18-May-2026 10:51 Phosphate Inorganic. serum

SKH 317SR5402

Final

Phosphate Inorganic, serum

1.55 H

[0.80 - 1.50 mmol/L]

Final

Reporting

SKH

Final Updated

Received Date/Time

18/05/2026 1120

Final Updated

Specimen Comment

Final Updated

Clin Diag/Info(drug therapy): Osteoporosis

Reporting Information

Date/Time : 18/05/2026 1153

Final

Senior Consultant: Dr. Clement Ho

Laboratory : SKH Pathology 110 Sengkang East

Way Singapore 544886

18-May-2026 10:51 25 Hydroxyvitamin D Total. serum

SKH 317SR5402

Final

Received Date/Time

18/05/2026 1120

Final Updated

Reporting Information

Date/Time : 18/05/2026 1211

Final

Senior Consultant: Dr. Clement Ho

Laboratory : SKH Pathology 110 Sengkang East

Way Singapore 544886

Specimen Comment

Final Updated

Clin Diag/Info(drug therapy): Osteoporosis

Reporting

SKH

Final Updated

25 Hydroxyvitamin D Total,
serum

31

[ug/L]

Final

Vitamin D status is classified according to serum levels of 25-hydroxyvitamin D as follows.

Deficiency : < 12 ug/L

Insufficiency : 12 to < 20 ug/L

Sufficiency : 20 to 100 ug/L

Potential toxicity : > 100 ug/L

18-May-2026 10:52 Calcium. urine

1805:BC9862

Final

Sengkang General Hospital

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02/06/2026 11:49

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MRN/Visit No: S1624386H / Q225218169A0010

SKH-MC-L7 CLINIC

Visit Status: Primary Provider: Chin Yun Ann

18-May-2026 10:52 Calcium, urine 1805:BC9862 Final

Calcium, urine 1.19 [MMOL/L] Final

Reporting Information Date/Time : 18/05/2026 1704 Final

Snr Principal Med Lab Scientist: Ms Tan Hui
 Chen Carol, Snr Med Lab Scientist: Dr Tan Si Yu
 Laboratory : SGH Clinical Biochemistry
 SINGAPORE GENERAL HOSPITAL PTE LTD
 OUTRAM ROAD 169608

Received Date/Time 18/05/2026 1537 Final Updated

Specimen Comment Final Updated

Specimen Type: Urine

18-May-2026 10:52 Calcium, urine SKH 317SR5426 Final

Reporting SKH Final Updated

Received Date/Time 18/05/2026 1420 Final Updated

Specimen Comment Final Updated

Clin Diag/Info(drug therapy): Osteoporosis

Reporting Information Date/Time : 18/05/2026 1429 Final

SKH Pathology
 Laboratory : SKH Pathology 110 Sengkang East
 Way Singapore 544886

Calcium, urine Refer: SGH SCM Final

18-May-2026 10:52 Creatinine, urine SKH 317SR5432 Final

Creatinine, urine 2136 [umol/L] Final

Reporting SKH Final Updated

Received Date/Time 18/05/2026 1137 Final Updated

Specimen Comment Final Updated

Clin Diag/Info(drug therapy): Osteoporosis

Reporting Information Date/Time : 18/05/2026 1212 Final

Senior Consultant: Dr. Clement Ho
 Laboratory : SKH Pathology 110 Sengkang East
 Way Singapore 544886

18-May-2026 14:02 BMD L-Spine & Hip SKOT265022597636 Final

Report Link Final

Additional Info Verified Date/Time : 19/05/2026 10:00 Final

Verified Person : Dr. Aaron Chong Wei-Loong
 Verified Section : SKH BMD
 Performed at : Department of Radiology,
 Sengkang General Hospital
 110 Sengkang East Way, Singapore 544886

Sengkang General Hospital

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MRN/Visit No: S1624386H / Q225218169A0010

SKH-MC-L7 CLINIC

Visit Status:

Primary Provider:

Chin Yun Ann

18-May-2026 14:02 BMD L-Spine & Hip

SKOT265022597636

Final

BMD L-Spine & Hip

Final

HISTORY

Osteoporosis on BMD screening Oct 2024
Loss of height > 4cm

REPORT

Dual-energy Xray Absorptiometry Bone Mineral Densitometry (BMD) performed on a GE Lunar Prodigy Advance reveals:

Bone mineral density - lumbar spine (L1 to L4)
= 0.808 g/cm² which is 2.5 s.d. below mean peak bone density (T-score)

Bone mineral density - left femoral neck
= 0.945 g/cm² which is 0.2 s.d. above mean peak bone density (T-score)

Bone mineral density - left total hip
= 0.815 g/cm² which is 1.1 s.d. below mean peak bone density (T-score)

CONCLUSION

Overall, the findings indicate osteoporosis.

Explanatory Notes

The criteria below are from the World Health Organization for postmenopausal women and men age 50 and over *:

1. Normal: T-score = -1
2. Osteopenia: -1 > T-score > -2.5
3. Osteoporosis: T-score = -2.5

*Reference data is based on the Asian normative data provided by the manufacturer.

Please note T scores are applied for post-menopausal women and Z scores for premenopausal women. A Z score of -2.0 or below is defined as below the expected range for age and a Z score above -2.0 is within the expected range for age.

Least significant change (LSC) is based on 95% confidence interval.

1. LSC = 0.033 g/cm² for AP Lumbar Spine
2. LSC = 0.016 g/cm² for Total Hip
3. LSC = 0.028 g/cm² for Femoral Neck
4. LSC = 0.030 g/cm² for Forearm/Radius 33%.

Report Indicator: May need further action

Finalised by: Aaron Chong Wei-Loong, Associate Consultant , 63533B

Finalised Date/Time: 19/05/2026 10:00

(For your attention)

End of Report

This is a computer generated report and no signature is required.